

# COMPANION GUIDE TO DR. MARK TROZZI'S TRUTH RX EPISODE 737

## 1. Restore the immune system by countering the destructive affects of the c-19 genetic injections/spike proteins

C-19 injections counter spike science (" spike protein detox"):

<https://x.com/DrTrozzi/status/1762996341968654686> Covid Genetic "Vaccine" detox and survival brief: Intermittent fasting every day, occasional 3 day water fast, Nattokinase 100 mg orally twice daily, Bromelain 500 mg orally once daily, Curcumin 500 mg orally twice daily, NAC 600-1200 mg daily; plus ivermectin 12-24 mgs daily some weeks then possibly tapering down to once or twice weekly.

[https://www.drtrozzi.news/p/covid-vaccines-detox-series?utm\\_source=publication-search](https://www.drtrozzi.news/p/covid-vaccines-detox-series?utm_source=publication-search)

[https://www.drtrozzi.news/p/empowering-health-through-detox-strategies?utm\\_source=publication-search](https://www.drtrozzi.news/p/empowering-health-through-detox-strategies?utm_source=publication-search)

## 2. Tackle the cancer directly using the metabolic approach and a combination of repurposed drugs and nutraceuticals.

Metabolic Approach :

[https://www.drtrozzi.news/p/great-news-resolving-and-preventing?utm\\_source=publication-search](https://www.drtrozzi.news/p/great-news-resolving-and-preventing?utm_source=publication-search)

Repurposed drugs and nutraceuticals:

Drug	Original Use	Key Anticancer Mechanisms	Evidence Level & Notes
Ivermectin	Antiparasitic (e.g., for river blindness, scabies)	- Inhibits Wnt/TCF and STAT3 signaling to block proliferation and metastasis. - Induces apoptosis via mitochondrial dysfunction, ROS generation, and chloride channel activation (osmotic cell death). -	Preclinical (in vitro/in vivo in breast, ovarian, glioma, lung cancers); emerging case reports (e.g., 366+ in lung cancer, 2025). Synergistic with benzimidazoles. Doses in studies: 0.2–1 mg/kg.

		<p>Promotes autophagy by inhibiting mTOR/Akt pathway; reverses multidrug resistance via P-glycoprotein inhibition. - Enhances immune response (e.g., immunogenic cell death) and synergizes with chemo (e.g., docetaxel, tamoxifen).</p> <p>- Disrupts microtubules (tubulin polymerization inhibition), causing mitotic arrest and apoptosis. - Inhibits glycolysis and glucose uptake (via GLUT1/hexokinase blockade), starving energy-dependent tumors; reduces lactate buildup in resistant cells. - Activates p53 tumor suppressor; modulates AKT/mTOR for autophagy induction. - Targets cancer stem cells and enhances chemo/radiation sensitivity.</p>	
<b>Fenbendazole</b>	Veterinary anthelmintic (deworming in animals)	Preclinical (e.g., lymphoma, colorectal models); 25+ case reports in lung cancer (2025). Superior to related drugs like albendazole for drug-resistant cells. Human doses experimental: 222–444 mg/day (3 days on/4 off). Not FDA-approved for humans.	
<b>Mebendazole</b>	Human anthelmintic (e.g., pinworms)	- Microtubule destabilization leading to cell cycle arrest (G2/M	Phase I/II trials (e.g., glioma, 80% tumor reduction in mouse models); case reports in ovarian, colorectal cancers. Doses: 100–500

		phase) and mg/day. More human data than apoptosis. - Inhibits angiogenesis (VEGF suppression) and hypoxia-inducible factors in tumors. - Crosses blood-brain barrier; synergizes with TKIs in glioma/leukemia. - p53 stabilization and immune modulation at low doses.
<b>Albendazole</b>	Human anthelmintic (e.g., tapeworms)	- Similar to benzimidazoles: microtubule disruption and apoptosis induction. - Inhibits parasite/cancer cell energy metabolism; potential synergy with immunotherapy. - Inhibits Wnt/ $\beta$ -catenin and STAT3; disrupts mitochondrial function and cancer stem cells. - Targets hypoxic tumors; synergizes with sorafenib in hepatocellular carcinoma.
<b>Niclosamide</b>	Anthelmintic (tapeworms)	Preclinical (e.g., echinococcosis models with anticancer crossover); limited cancer-specific trials. Doses: 400 mg BID.
		Phase II trials (prostate, colorectal); strong preclinical data. Doses: 400–600 mg/day.

[https://www.drтроzzi.news/p/dr-william-makis-a-hero-in-the-race?utm\\_source=publication-search](https://www.drтроzzi.news/p/dr-william-makis-a-hero-in-the-race?utm_source=publication-search)

My colleagues in Florida are doing great work and seeing many cases resolved. They can do other advanced therapies. Doctors in Canada can not even talk about these things without

losing their medical licenses, so you can not find these other advanced treatments here. I would recommend my friend Dr Marivic Villa in this regard. Here is a conversation between her and I on this subject, and her clinic's contact info also there [https://www.drtrozzi.news/p/courage-in-medicine-part-2-of-dr?utm\\_source=publication-search](https://www.drtrozzi.news/p/courage-in-medicine-part-2-of-dr?utm_source=publication-search) .

There is lots of room for hope.

Mark Trozzi MD

Themes: 1. Restore the immune system by countering the destructive affects of the c-19 genetic injections, spike protein etc. 2. Also tackle the cancer directly using the metabolic approach and a combination of repurposed drugs and nutraceuticals.

You should find all the resources you need within this small collection:

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Cancer:

Metabolic Approach :

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